

# **Pillar III – A Healthy Future for Illinois**

**Sara Rusch  
Regional Director  
College of Medicine at Peoria**

## Pillar Three

A Healthy Future for Illinois and the  
Midwest

# Setting the Stage

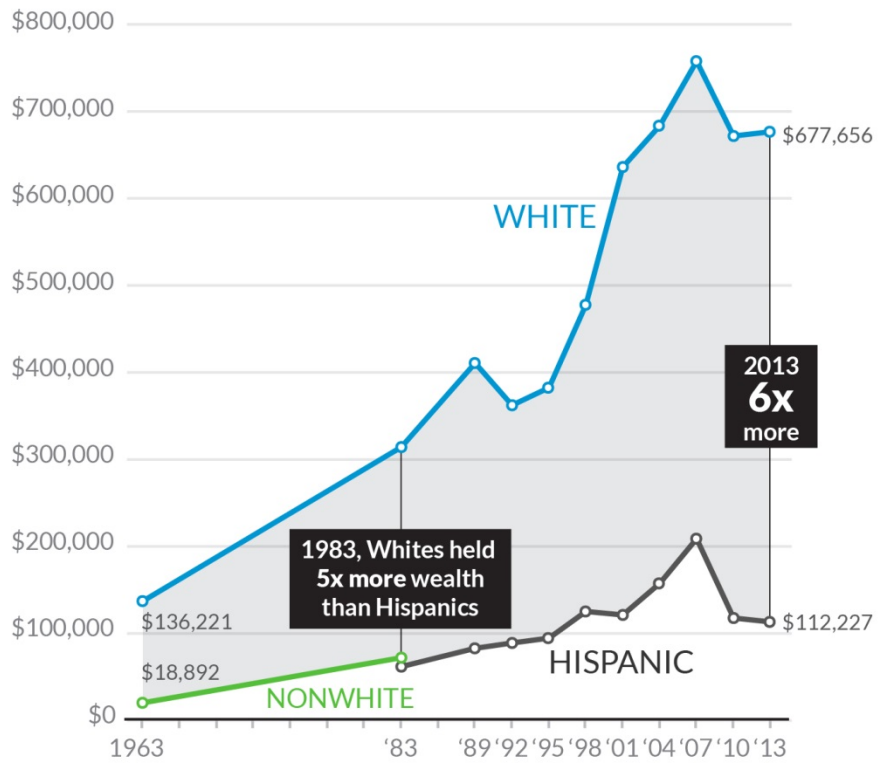
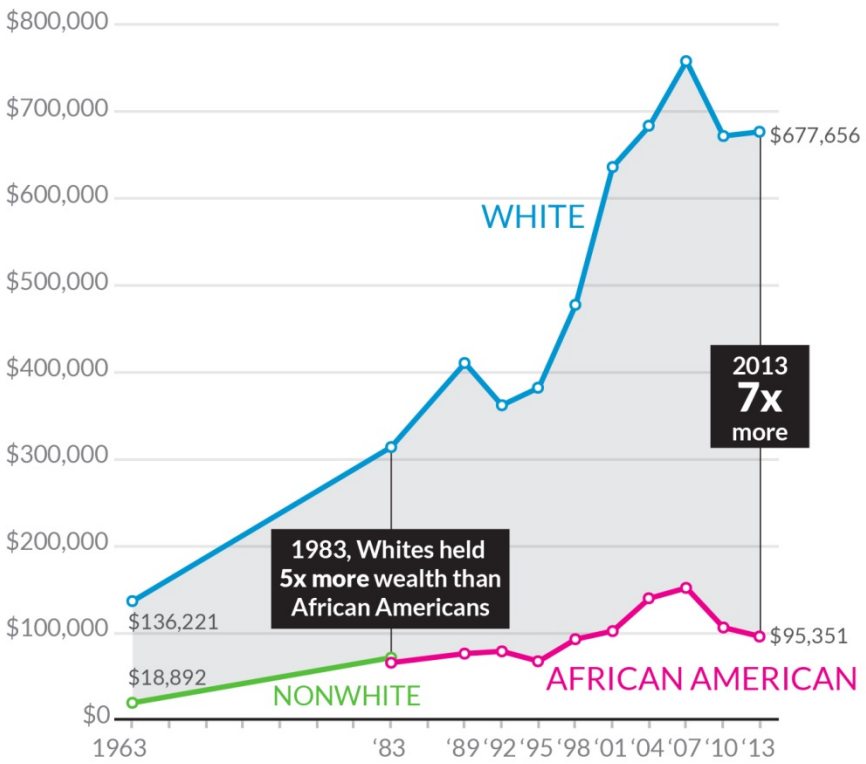
# Defining Health

- A state of complete mental, physical and social well-being and not merely the absence of disease or infirmity World Health Organization

## The single strongest predictor of health is socioeconomic status

- Those with higher socioeconomic status have the most power and resources, and on average live longer and healthier lives.
- Those with lower socioeconomic status are exposed to many health threats over which they have little or no control – less education leading to insecure and low paying jobs, mounting debt, poor child care, poor quality housing, less access to healthy food, unreliable transportation, and noisy and violent living conditions.

# Average Family Wealth by Race/Ethnicity, 1963-2013

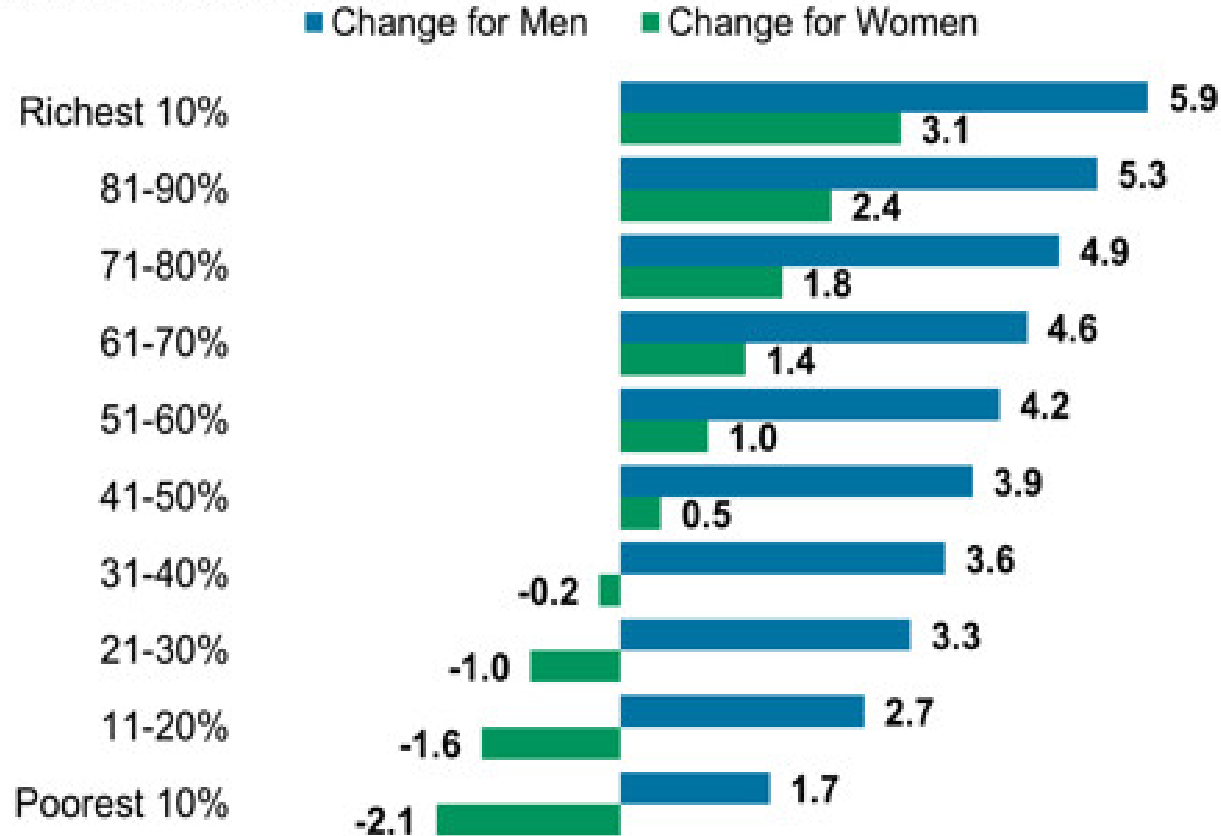


Sources: Urban Institute calculations from Survey of Financial Characteristics of Consumers 1962 (December 31), Survey of Changes in Family Finances 1963, and Survey of Consumer Finances 1983-2013.

Notes: 2013 dollars. No comparable data are available between 1963 and 1983. African American/Hispanic distinction within nonwhite population available only in 1983 and later.

# Change in Life Expectancy

Change in average additional life expectancy (in years) at age 55, by income, between cohorts born in 1920 and 1940



Source: Barry Bosworth, Brookings Institution | WSJ.com

# Healthy Future

- Education that prepares students for fiscally and emotionally rewarding jobs
- Create and sustain well paying job opportunities
- Excellence in healthcare – training, delivery, research and outcomes
- Commitment to the communities we serve



# Strategic Framework Pillar Three

## A Healthy Future for Illinois and the Midwest

# A Healthy Future

## A Transformative Goal

1. Develop and invest in our human capital
2. Be a powerful engine for statewide and regional economic development
3. Be a national model for professional training, affordability, access and positive outcomes in healthcare
4. Improve college readiness and outcomes
5. Promote strong civic engagement among students, faculty, staff and residents of Illinois

# Develop and Invest in Human Capital



# Develop and Invest in Human Capital

- Educate students who are entrepreneurial, next generation leaders.
- Expose students to the rigor of cutting edge research and scholarship
- Create a culture that values personal health and well being
- Collaborate with other universities to encourage degree completion

# Be a Powerful Engine for Economic Development throughout the State



# Be a Powerful Engine for economic development through out the state

- Leverage University excellence in education, research and innovation to improve the health of the communities near our universities and the communities we serve throughout the State
  - Public Private partnerships
  - Innovation Network with innovation cities
  - Reengineered Extension
  - Agriculture and Agribusiness
  - Identify partners who will work with faculty to accelerate translation and commercialization of ideas

# Create National Models for Professional Training, Affordability, Access and Positive Outcomes in Healthcare



# Create National Models for professional training, affordability, access and positive outcomes in healthcare

- Forge new connections within our remarkable health sciences and healthcare ecosystem
- Partner to improve quality of life and equity of care
- Test and implement care delivery models focused on population health and high quality/cost effective care
- Increase patient access to primary, specialty and acute care services at our Chicago hospital
- Work for health equity



# Improve college readiness through connections with K-12 and community colleges

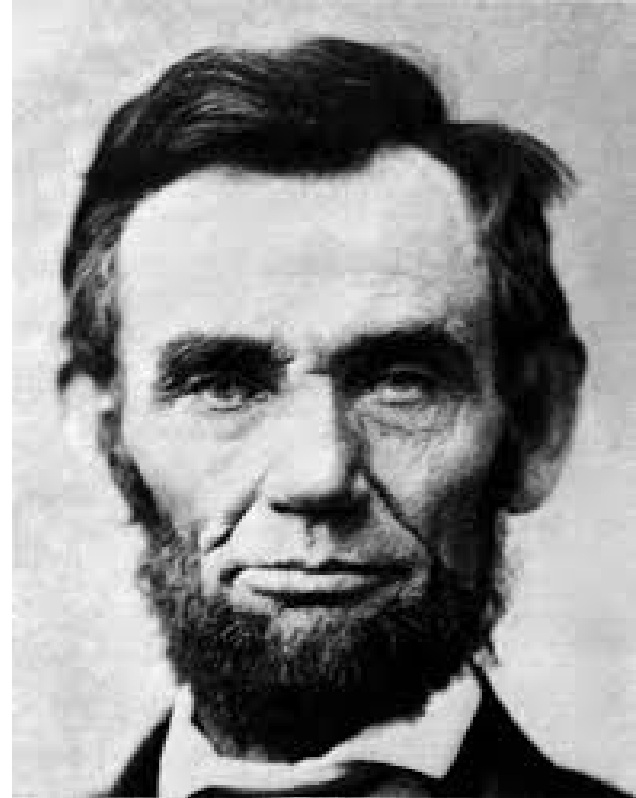


# Improve college readiness through connections with K-12 and community colleges

- Enhance access and success for all students in the state
  - Foster predictable, streamlined transfer protocols
  - Lead an initiative to strengthen the college pipeline

# Civic Engagement among students, faculty, staff and residents of Illinois

- “Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.”  
—Margaret Mead



# Civic Engagement among students, faculty, staff and residents of Illinois

- Encourage critical discussion of civic values and responsibilities
- Explore the establishment of a Lincoln Institute of Government to draw together those with a focus on public policy research and civic leadership
- Explore how to better connect System activities to civic engagement – coursework, service learning
- Make the University the go to source for policy and application on key issues affecting community health.